

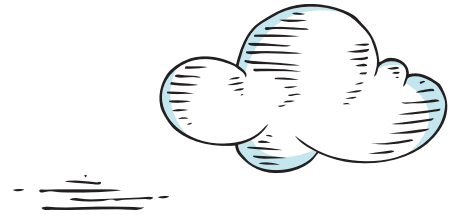


WONDERFUL WINTER WARMER

Serve it hot and steamy.

What you need

- 750ml Sir Fruit Apples Juice
- 2 small cinnamon sticks
- 2 cardamom pods
- 1/2 tsp Vanilla essence (or a vanilla pod)



What to do

1. Gather all the ingredients into a small pot and place on a medium to high heat.
2. If using a vanilla pod, split the pod lengthways and scrape out half the seeds into the pot.
3. Clean out the pod and add it to the mixture.
4. Allow mixture to simmer for around 15 minutes until the flavours have infused.
5. Serve in mugs with a shortbread cookie on the side.
6. Find a blanket and snuggle into it.

Handy tips

- If you've a sweet tooth, add a little honey, honey.
- Add a dollop of whipped cream if you're feeling particularly indulgent.

